

A Bus On A Dusty Road Newsletter - June 2025



How Vietnam's War-Torn Past Shaped Its Vibrant Present

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2025 marks 50 years since the fall of Saigon. Here's what Vietnam looks like now. Fifty years ago, on April 30, 1975, helicopters lifted off from rooftops in Saigon as the last American personnel evacuated. North Vietnamese tanks rolled into the city, ending decades of war and officially unifying the country. For many Americans, this date still stirs uncomfortable memories. For many Vietnamese, it's a marker of survival, resilience, and the beginning of something new.

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How to Make Friends While Traveling or Living Abroad



The Best Languages to Learn for Traveling the World

How to Make Friends While Traveling or Living Abroad

Traveling the world or living overseas can be thrilling, eye-opening, and endlessly rewarding. But let's be real: it can also get lonely. Even if people constantly surround you, that doesn't mean you're making real connections. Whether you're backpacking through Southeast Asia, teaching English in Europe, or starting a new job in South America, finding meaningful friendships can take effort. The good news? It's possible.

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The Best Languages to Learn for Traveling the World

If you're planning to travel the world, one of the most valuable tools you can carry with you is a language. While apps, hand gestures, and translation tools can help in a pinch, nothing beats the human connection of speaking to someone in their native tongue. Whether you're wandering the streets of Tokyo, negotiating prices in Marrakech, or making friends in Buenos Aires, speaking the local language opens doors that tourists often never see.

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Why Is Travel Important for Personal Growth?

Travel isn't just about ticking places off a bucket list. It's about discovery — not only of the world, but of yourself. I believe in this deeply. After years of traveling and living abroad, I've seen firsthand how travel changes people. It's not just about the highs or the hassles — it's about what happens to you in between. Travel pushes you past your comfort zone and into growth. It reshapes you in ways you never saw coming.

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What Does It Mean to Live Life as a Global Citizen?

To live as a global citizen is to wake up each day with a sense that the world is bigger than your backyard—and that your actions ripple far beyond what you can see. It's not about erasing your national identity or abandoning your roots. It's about expanding your perspective. It's about knowing that humanity is interconnected—and living like it. In an era when the world is more connected than ever through technology.

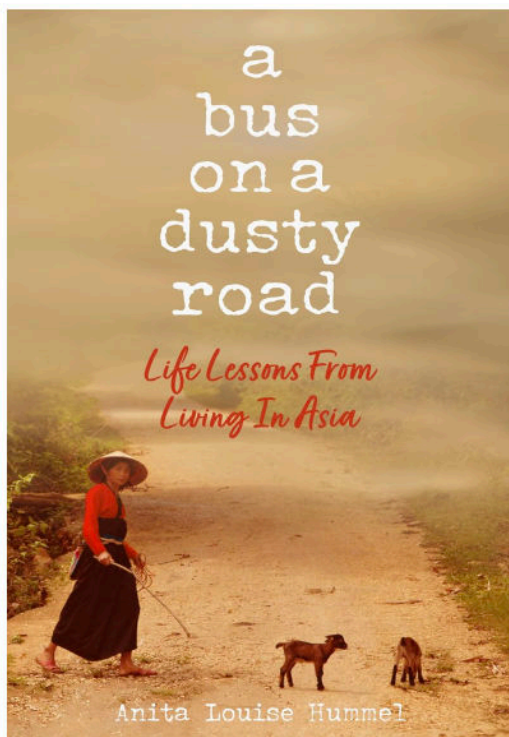
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Are You Traveling Responsibly—or Just Consuming?

Travel isn't just about where you go—it's about how you go. In this episode of *Dusty Roads*, Anita explores why ethical travel matters more than ever in today's world of overtourism and environmental strain. Learn how shifting from consumption to connection can make your adventures more meaningful—and more respectful to the people and places you visit. #DustyRoadsPodcast #TravelTips #SustainableTravel

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Don't miss out on Anita's fascinating story, and grab a copy of her first book:



A Bus On A Dusty Road: Life Lessons From Living In Asia

Embark on a riveting journey through the dusty roads of life in 'A Bus On A Dusty Road.' You'll immerse yourself in the challenges and triumphs faced by a recent college graduate navigating Thailand's notorious sex industry, feel the adrenaline rush of being thrust into the heart of Myanmar's renowned student demonstrations, and sense the tension as a gun is pointed in your direction. Traverse the raw and vivid slums of Bangkok, explore the bustling streets of Vietnam, and bear witness to life and death on unforgiving streets.

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